



The categories below each list a sampling of available options.

Vegetarian, Vegan, Allergan Free, Gluten Free, Reduced Fat, Sodium or Sugar Free variations are available.

For Questions or to place an order: E-Mail: [Jennifer@meanauntjenny.com](mailto:Jennifer@meanauntjenny.com) or Phone: **704-607-5901**

Lighter Fare Menu Options ranging from \$5.25 - \$7.25 per head

- Poultry
  - Curried Chicken Salad
  - Chicken Caesar Salad
  - Grilled Chicken Salad with Tomatoes, Spinach, and Feta
  - Smoked-Chicken and Cranberry Salad with Gorgonzola
  - Turkey Shawarma (Pocket Sandwich) with Tomato Relish and Tahini Sauce
  - Smoked-Turkey, Plum, and Fennel Salad
  - Spicy Garbanzo Bean and Turkey Sausage Soup
  - Turkey Breast Medallions with Tomato Jam
  - Turkey Cutlets with Brussels Sprouts and Dried Cranberries
  - Lemon Turkey Soup with Fresh Spinach and Farfalle
  - Spicy Turkey Chile Verde with Black Beans and Butternut Squash
- Fish & Seafood
  - Lobster, Corn, Zucchini, and Basil Salad
  - Shrimp and Mango Salad
  - Seared Tuna with Green Beans, Lemon and Wasabi
  - Orzo with Grilled Shrimp, Summer Vegetables, and Pesto Vinaigrette
  - Tuscan Salmon with Rosemary Orzo
  - Shrimp Cakes with Andouille Sausage
- Vegetarian & Cheese
  - Potato-Crusted Goat Cheese Tart with Heirloom Tomato Salad
  - Belgian Leek Tart with Aged Goat Cheese (Flamiche Aux Poireaux)
  - Mushroom and Fontina Quiche
  - Ratatouille and Goat Cheese Salad with Pesto Vinaigrette
  - Farfalle with Walnut & Herb Pesto
  - Spaghetti alla Puttanesca
  - Tuscan Panzanella
  - Chiles Poblanos Rellenos de Queso
- Beef & Pork
  - Country Ham or Smoked Turkey Cheesecake with Cornbread Crust
  - Flank Steak Salad with Chimichurri Dressing
  - Pepper-Grilled Steak with Chopped Summer Salad
  - Blackened Steak Salad
  - Pulled Pork Salad
  - Lemongrass Pork with Vietnamese Table Salad
  - Bacon and Egg Empañadas
  - Sausage and Broccoli Rabe Torta

Entrée Options served with 1-2 sides and bread ranging from \$7.50-\$14.90 per head

- Meat
  - Merlot Braised Beef Tenderloin
  - Tenderloin Steaks with Cranberry-Port Sauce and Gorgonzola Cheese
  - Roast Beef with Wild Mushroom Sauce

- Ham with Garlic and Rosemary
- Ham with Bourbon, Molasses, and Pecan Glaze
- Roast Rack of Lamb with Orange-Chipotle Purée
- Glazed Pork Loin with Cilantro and Garlic
- Grilled Charmoula Lamb Chops
- Pork Tenderloin with Blackberry and Mango Salsa
- Farfalle with Sausage, Tomatoes, and Cream
- Zucchini, Corn, and Basil Fusilli with Bacon
- Lemon Fettuccine with Broccoli and Pancetta "Croutons"
- Spaghetti Bolognese (Traditional beef/pork or with ground turkey/chicken)
- Spaghetti, Ziti or Rigatoni with Meatballs & Italian Sausage
- Italian Sausage Ravioli or Tortellini with Marinara
- Fettuccine Carbonara with Gorgonzola
- Standing Rib Roast with Winter-Vegetable Crust
- NC Pork BBQ
- Herb and Garlic-Crusted Beef Tenderloin with Red and Yellow Pepper Relish
- Fish & Seafood
  - Rosemary Trout with Cherry-Tomato Sauce
  - Seafood Paella or Lasagna
  - Grilled Salmon with Nectarine Salsa or Chili-Mango Salsa
  - Jamaican Jerk Salmon and Mango Pineapple Salsa
  - Salmon with Snap Peas, Yellow Peppers, and Dill-Pistachio Pistou
  - Roasted Cod on Large Garlic Croutons
  - Poached Sockeye Salmon with Mustard Herb Sauce
  - Sea Bass with Curry and Ginger
  - Lobster Macaroni & Cheese
  - Grilled Salmon Fillets with Creamy Horseradish Sauce
  - Grilled Swordfish with Cucumber Lime Salsa
  - Macadamia-Crusted Yellowtail with Mango-Papaya Salsa
  - Seared Mahi-Mahi with Green Gazpacho Sauce
- Poultry & Eggs
  - Chipotle Honey Glazed Chicken with Toasted Sesame Seeds and Green Onion
  - Southern Fried Chicken
  - Chicken Marsala with Sage over Angel Hair Pasta
  - Roast Chicken with Pancetta and Olives
  - Chicken Saltimbocca with Lemon Sauce
  - Chicken Breasts Stuffed with Fontina, Artichokes, and Sun-Dried Tomatoes
  - Chicken or Eggplant Parmesan
  - Chicken with Prosciutto, Rosemary, and White Wine
- Vegetarian, Vegan & Cheese
  - White or Red Lasagna (Cheese, Spinach, ground turkey, Italian Sausage, grilled chicken or Seafood. )
  - Stuffed Zucchini or Eggplant (Vegetarian, Vegan, Ground Beef, Turkey or Pork)
  - Rajas Poblanas
  - Risotto with Leeks, Shiitake Mushrooms, and Truffles
  - Artichoke Ravioli with Tomatoes
  - Green Bean, Corn, and Coconut Stir-Fry (Thoren)
  - Vegetable Tortes
  - Grilled Portobello Parmesan
  - Macaroni and Two Cheeses with Caramelized Shallots
  - Swiss Chard or Spinach Lasagna with Ricotta and Mushroom